

The background features several stylized handprints in blue, orange, and purple, arranged in a circular pattern. There are also abstract, elongated shapes in the same colors scattered across the page.

ANNUAL REPORT

SHIAWASSEE PREVENTION NETWORK

2022-2023

A MESSAGE FROM OUR CHAIR

On behalf of the Shiawassee Prevention Network Executive Committee and Shiawassee Prevention Network members, I am proud to present the 2022-2023 Shiawassee Prevention Network (SPN) annual report. This report reflects the efforts and commitments made by our members and community partners in prevention efforts in Shiawassee County.

Highlights in our 2022-2023 report include:

- ***NEW SPN initiatives***
- ***Workgroup Projects***
- ***Strategic Planning Activities and Results***
- ***Member Organizations and Community Partners***

We look forward to continuing prevention efforts in the 2023-2024 fiscal year by bringing more awareness and community engagement opportunities. SPN will continue to advocate for prevention in Shiawassee County and looks forward to working with new community members and partners in these efforts.

Sincerely,



Dani Lindroth, Peer360 Recovery Alliance
2022-2023 Shiawassee Prevention Network Chair

MISSION

To identify and take action on social issues impacting Shiawassee County.



BACKGROUND

Shiawassee Prevention Network is a coalition comprised of community members passionate about prevention efforts in Shiawassee County and agencies/organizations whose missions align with drug, alcohol, and suicide prevention.

SPN was established over 10 years ago in Shiawassee County and has evolved in activities in events. In 2022–2023, SPN had five total workgroups along with the monthly general meeting.

SPN is funded through grants and sponsorships.

MEMBER ORGANIZATIONS

Shiawassee Prevention Network would like to thank and acknowledge our dedicated member. Without them, our coalition could not continue this work:

- Blue Cross Complete
- Catholic Charities
- Corunna Public Schools
- Great Start Shiawassee
- Families Against Narcotics
- Memorial Healthcare
- Mid-State Health Network
- Michigan Department of Health and Human Services
- Orchards Children Services
- Owosso Public Safety
- Peer 360 Recovery Alliance
- Prevention Network
- Recovery Pathways
- SafeCenter
- Shiawassee Community Foundation
- Shiawassee County Family Court
- Shiawassee County Health Department
- Shiawassee County Treatment Court
- Shiawassee Family YMCA
- Shiawassee Health and Wellness
- Voices for Children Advocacy Center

COMMUNITY MEMBERS

In 2022–2023, SPN gained community members as part of the coalition. SPN extends its gratitude to our dedicated and passionate community members that participate in SPN activities and meetings.



SHIAWASSEE PREVENTION NETWORK

IMPACT REPORT

2022-2023

Prescription Drug Take Back

- 72 pounds collected during events
 - Hosted 5 Special Events
 - Locations included: Owosso Public Safety, Village Care Pharmacy & SCOA
- 750 pounds collected throughout the year at permanent locations

Narcan/Naloxone Project

- Partnered with 4 agencies and 4 local pharmacies to provide Narcan/Naloxone for free
- 268 Narcan/Naloxone boxes have been distributed

Harm Reduction Bags Project

- Assembled harm reduction bags to include:
 - Gun safety lock, Narcan/Naloxone, wound care kit, fentanyl testing strip, Wear One condom bag, MSU harm reduction education/resources
- 350 distributed into the community

Hidden In Plain Sight Trailer

- Interactive trailer for parents, guardians, and educators to learn about warning signs for alcohol and substance misuse
 - 5 Events
 - 39 individuals went through trailer
 - 116 miles traveled

Red Ribbon Week

- Distributed 10,000 "I Believe in Me - Healthy, Happy, Drug Free" wristbands to schools and businesses
- Hosted a "Celebrate Life, Live Drug Free" video contest and aired the winning video at NCG Owosso

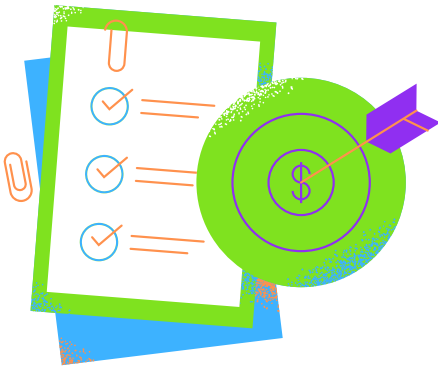
Learn more about Shiawassee Prevention Network:
<http://shiawassee prevention.org>



STRATEGIC PLANNING

Shiawassee Prevention Network participated in a strategic planning process to create a framework and priorities for the next four years. This process emphasized a stakeholder centered approach ensuring the board, members, leaders, and community actively engage in the ownership of the process, the results, and its integration.

The process included participation to ensure all points of view were represented with widespread commitment to the present and future vision, successes and areas of improvement, and the changing environment it operates in.



Shiawassee Prevention Network chose three areas of focus including:

- **Strengthen External Partnership & Awareness**
- **Strengthen Coalition Framework**
- **Define Target Audience in Prevention Efforts**

NEW PARTNERSHIP HIGHLIGHT

“The Shiawassee Community Foundation has established a crucial partnership with the Shiawassee Prevention Network (SPN), recognizing the pivotal role of collaboration in driving positive community change and advancement. The mission of the Shiawassee Prevention Network is to proactively address social issues that affect Shiawassee County. Our commitment to community engagement is fundamental to ensuring sustained success, and we extend an invitation to fellow volunteers to join forces with SPN in safeguarding Shiawassee County residents and their children.”

-Amanda Bruner, Shiawassee Community Foundation

The partnership with the Shiawassee Community Foundation (SCF) allowed SPN to bring Adverse Childhood Experiences (ACES) training to Shiawassee County. ACES impact our whole community. This training is one step in helping Shiawassee County become a trauma-informed community. In 2022–2023, SPN and SCF provided training to:

67

community members and business professionals

WORKGROUPS

Harm Reduction/State Opioid Response

This workgroup worked to promote harm reduction strategies and principles. Funding from this workgroup allowed SPN to create “harm reduction bags” to pass out to agencies and community members who may be in need. This group also hosts Drug Take Back events and promotes safe prescription drug disposal.

Marijuana/LARA

This workgroup worked with the Shiawassee County Health Department on creating and updating the “What You Weed to Know” campaign materials, created a marijuana consumer perception survey and purchased lock boxes and locks to provide to community members looking to provide safe storage for medical or adult use marijuana.

Recovery

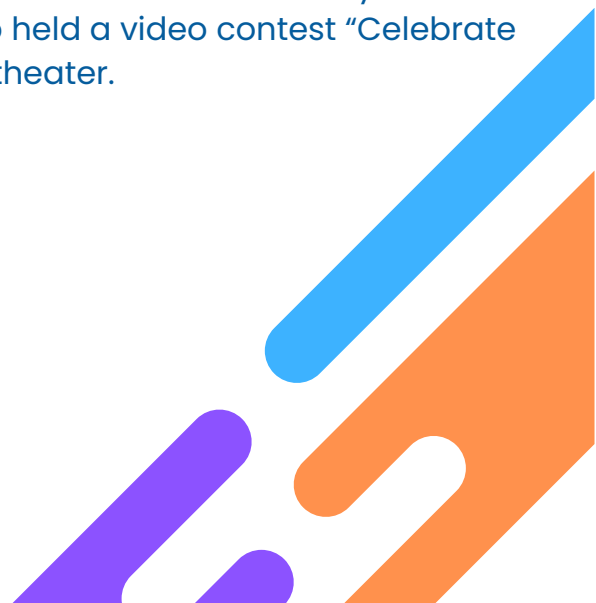
This workgroup worked with local pharmacies to carry and provide Naloxone/Narcan for free to community members. This group also planned and hosted events during National Overdose Awareness Day in August and Recovery Month in September.

Suicide Prevention

This workgroup planned the annual Shiawassee Suicide Prevention Walk in September, sponsored *Question, Persuade, Refer (QPR)* trainings for agencies and community members, and promotes Mental Health Awareness month in May.

Youth Engagement

This workgroup worked to create a space for youth to get involved and engage with SPN and its efforts. This group promotes and hosts safe events for youth in Shiawassee County while incorporating prevention messaging. This year, the workgroup held a video contest “Celebrate Life, Live Drug Free” and played the winning video at the local theater.



NARCAN PROJECT

The Recovery Workgroup identified that some community members were struggling to afford Narcan/Naloxone even after it was available over the counter to individuals without a prescription. To help reduce this barrier, the Recovery Workgroup researched how to provide Narcan/Naloxone for free to community members.

After the group was able to secure Narcan/Naloxone for this project, they identified pharmacies and community agencies willing to participate in the free Narcan/Naloxone project. Through this project, four local pharmacies and four community agencies are providing Narcan/Naloxone for free. Participating agencies and pharmacies include:

- Angel Hands Outreach
- Catholic Charities
- Central Pharmacy (Owosso, Laingsburg, and Perry)
- Peer 360 Recovery Alliance
- Shiawassee Health and Wellness
- Village Care Pharmacy

Narcan/Naloxone is a life-saving medication that can reverse an overdose from opioids—including heroin, fentanyl, and prescription opioid medications—when given in time. If you or someone you know is at increased risk for opioid overdose, especially those struggling with opioid use disorder (OUD), you should carry naloxone and keep it at home.

Through this project, SPN has distributed:

268

Narcan/Naloxone into Shiawassee County



SPN members outside of Shiawassee Health & Wellness after the Narcan/Naloxone box was placed outside of the building; the first in Shiawassee County.

Shiawassee Prevention Network would like to acknowledge the participating agencies and pharmacies, Peer 360 Recovery Alliance for providing Narcan/Naloxone community trainings, and the Michigan Department of Health and Human Services for Narcan/Naloxone for assistance with ordering.

HARM REDUCTION BAGS

The Harm Reduction Workgroup is working to meet people where they are at. Harm reduction is defined as helping people who use drugs to avoid negative effects like infection, overdose, or self-harm. The workgroup partnered with the Suicide Prevention Workgroup to hand out harm reduction bags during the 2023 Suicide Prevention Walk. Items in the bag included:

- Gun Safety Lock
- Narcan/Naloxone
- Fentanyl Testing Strip
- Wear One Condom Bags
- MSU Harm Reduction Education
- Wound Care Kit
- Resources

Through this project, SPN has distributed:

350

harm reduction bags into Shiawassee County

DRUG TAKE BACK EVENTS

SPN continued efforts to encourage community members to safely dispose expired and unused prescription drugs. SPN promotes drug take back events along with the five permanent locations in Shiawassee County. In 2022–2023, SPN collected:

72

pounds of expired/unused
prescription drugs during
Drug Take Back Events

750

pounds of expired/unused
prescription drugs at the
permanent locations

SPN hosted:

5

Drug Take Back Events



CANVAS, COFFEE, AND CONVERSATIONS EVENT



The Youth Engagement Workgroup planned their first event, “Canvas, Coffee, and Conversations” at Shiawassee Health and Wellness. The event provided a professional painting class for youth to learn a new coping skill. Students were provided with a survey, mental health discussion questions, and were able to take their painting home.

All students that were surveyed indicated that they would likely come to another SPN sponsored youth event.

HIDDEN IN PLAIN SIGHT TRAILER

SPN continued displaying the Hidden In Plain Sight (HIPS) Trailer; a hands-on educational tool for parents, grandparents, educators and other adults to learn warning signs about potential substance misuse among youth. Participants walk through a mock teenager’s bedroom and look for clues and learn where alcohol or drug paraphernalia may be hiding. The HIPS trailer promotes the importance of keeping a drug free home and provides education and resources to participants. Sponsorships include:

- **Agnew Sign Company**
- **Blue Cross Complete**
- **Catholic Charities**
- **CLH Insurance Company**
- **DayStarr Communications**
- **Families Against Narcotics**
- **Shiawassee Community Foundation**
- **Shiawassee Health and Wellness**
- **Shiawassee Road Commission**



39

HIPS Tours/Participants

5

HIPS Events

116

Total Miles Traveled

SPN EXECUTIVE COMMITTEE 2022-2023

Dani Lindroth

Chair

Recovery Coach, Peer 360 Recovery Alliance

Barb Botke

Vice Chair

Prevention Specialist, Catholic Charities

Becky Dahlke

Secretary

Community Resource Manager, Memorial Healthcare

Penny Corbin

Treasurer

Prevention Specialist, Shiawassee Health & Wellness

Grace Dennis

Communications

Health Educator, Shiawassee County Health Department

GET INVOLVED

Shiawassee Prevention Network is open to anyone who lives, works or plays in Shiawassee County! General meetings occur the third Wednesday of the month, join us!

For more information: visit <http://shiawassee prevention.org>

FUNDING

Projects through the Shiawassee Prevention Network have been supported by grants and donations.

